THE

November 3, 2006 • Volume 77 Vissue 20 Shaker Heights Highschoolo 159 10 Aldersyde Drive • Shaker Heights, Ohio 44120

SHAKER'S SENIOR ACTING ENSEMBLE LUNGES IN A WORKSHOP LED BY GUEST ARTIST MATTTHORNTON.

LIMELIGHT, PAGE 16

GEARING UP FOR WINTER

FLIP TO THE BEAT TO FIND OUT THE BEST WAYS TO HAVE FUN WHEN THE TEMPERATURE DROPS.

PAGE 14

SHES ALLEARS

DESIGN EDITOR AMANDA ORR SOUNDS OF ON WHAT SHE DEARNED FROM DISTENING TO THE MORNING ANNOUNCEMENTS.

PAGE 7

HIGH SCHOOLS GET TESTED

HIGH SCHOOL ATHLETES IN NEW JERSEY ARE NOW SUBJECT TO RANDOM STEROID TESTING WILL OHIO BE NEXT?

PAGE 18



COVER SHOT

Senior Acting Ensemble members participate in a workshop run by Shaker alumn Matt Thornton. The workshop expanded the dancers' awarness of movement and focused on capoeira, a type of Brazilian martial art. Photo by Adam Maraschky.



Mhat's listile

11.03.06

EDITORS' NOTE

Students need to mix it up

fter overpaying for yet another Styrofoam plate of pizza and curly fries, you make your way out of the crowded lunch line and into the hectic cafeteria. After squeezing through rows of not-so-uniform lunch tables and barely avoiding a head-on collision with a nacho-wielding freshman, you finally make it to your normal table just in time to plop down, shovel down your fries and catch up with your buddies.

While we all love spending our lunch periods winding down with our friends and doing next period's algebra homework, every now and then we need to take a step out of our comfort zone.

LOWERY This is the premise of Mix It Up Day, occurring Nov. 17 in a cafeteria near you. Sponsored by the Student Group on Race Relations, Mix It Up Day asks that students take a chance and migrate from their usual lunch table to one they've yet to sit at.

This will be try number three for SGORR, whose previous attempts at cafeteria integration have fallen victim to a lack of student participation. It's not that Shaker students are incapable of mixing it up (if we can handle up-down staircases,

then this should be a snap); the problem seems to lie much deeper within the minds of Shaker students.

ALLISON istry and PSAT study sessions, we've SCHARFSTEIN forgotten that it was our integration and tolerance of other races, religions and cultures that gave us the prestige we are so quick to throw in the faces of other suburbs.

It's not like SGORR is asking for much, so what are we so scared of? Are we really embarrassed to leave our friends and branch out? Are we scared we won't be able to participate in the conversation at a new lunch table? Or perhaps we are scared of rejection. We are worried that we won't receive a warm welcome from our newfound lunch pals.

These fears remind us of the first days of high school when we were the new kids, trying to find our niche in the cafeteria seating system. However, our inherent trepidation over switching lunch tables is really quite childish. A swap in lunch tables Nov. 17 will not result in an attack from Mars or the destruction of your reputation. You never know, it might even result in something good.

While Mix It Up Day began as an attempt at cafeteria integration, it now constitutes a whole lot more. In addition to being a chance to live up to our well-advertised student body diversity, it is also an excuse to reach out and make a new friend.

If participation is increased, the day will prove to dispel racial and social stereotypes. So while you think that you have nothing in common with those sophomore football players two tables over, and that you could never hold a conversation with the preps over by the vending machines, Mix It Up provides an opportunity to put those stereotypes to the test.

If Shaker is truly the tolerant community we ticket ourselves to be, we need to be willing to throw aside cliques and embrace interaction with a vast variety of people. So it's up to you Shaker, will this year's Mix It Up be one of tolerance, integration and friendship, or will we allow it to remain just another excuse to wear your SGORR shirt? STRESSED?

Everyone knows that Shaker students stuff their schedules full full with classes and activities. From academics, to sports, to clubs and even jobs; high schoolers' hectic lifestyles often cause soaring stress levels.

PAGE 9, THE CORE





NATIONAL RECAP

From professional gamers making millions to superintendents turned thieves, USA News highlights a few of the stories you may have missed during October.

PAGE 6, NOTEWORTHY

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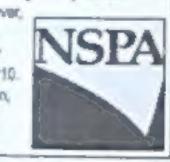
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CALCULATOR CRAZE

Calculators are useful for much more than computing sqaure roots and graphing circles. Check out The Beat to see how students are making the most of their required math materials.

PAGE 15, THE BEAT



his Wonth 11.03.06

HOORAY FORTURKEY DAY!

Thanksgiving gives us the opportunity to give thanks, Jearn about America's history and eat a lot of good lood, especially Turkey. Most people anticipate the leftovers more than the meal itself. The days following the holiday will revolve around an excessive amount of fowl; turkey sandwiches, turkey soup and turkey salad are all on the menu. But if stuffing your face isn't your idea of a good time, November is filled with sporting events, concerts and gooly holidays. To get through the month, remember: only 32 school days left until winter break!



IN A SHAKER MINUTE...

Assuming the Cavaliers stay healthy, they are expected to make it to the Eastern Conference finals and maybe even further. Players like LeBron James, Drew Gooden and Anderson Varejao are returning to lead the team to victory.

in an effort to increase lunchroom integration, SGORR is encouraging all students to mix up during lunch. Eat at different lunch tables or in different lunch areas to get to know people outside of your group of friends. For the thoughts of The Shakerite Editors-in-Chief, see the ditors. Note on page 2.

This college recruitment in the Small Auditorium and will be led by former college coach and recruiting expert Jack Renkens. The parents of current college athletes will accompany him to discuss the college recruitment process. For more information about recruiting, visit Rankan's website, recruitingrealities com.

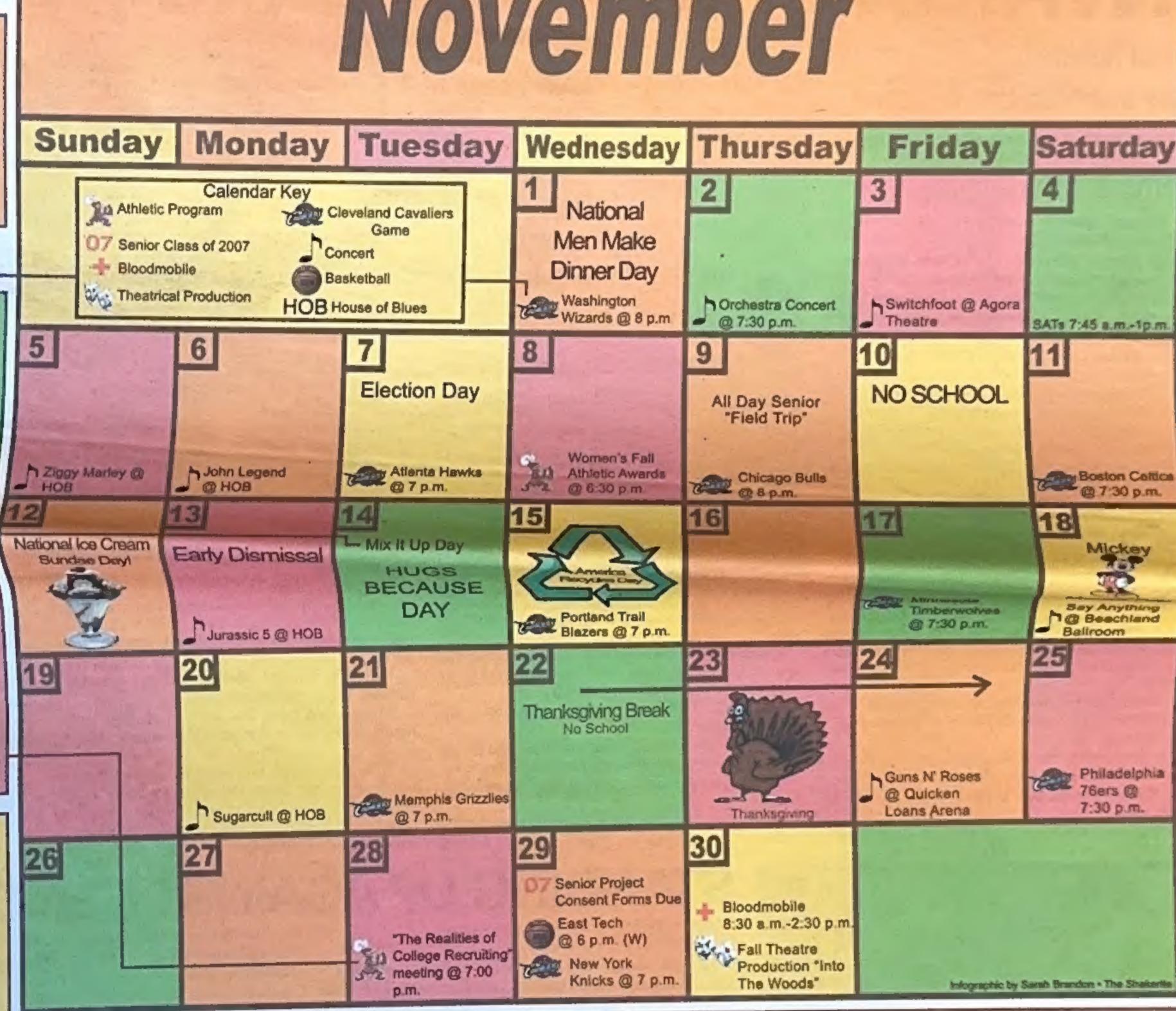
FUNNY TURKEY

FACTS

- Turkeys' heads change colors when they become excited.
- . The ballroom dance the "turkey trot" was named for the short, jerky steps that turkeys take.
- · Turkey breeding has caused turkey breast to grow so large that sometimes the turkeys fall over.
- · Turkeys can drown if they look up when it is raining.
- · For their first meal on the moon, astronauts Neil Armstrong and Edwin "Buzz" Aldrin ate roast turkey in foil packets.
- · Each Thanksgiving, Americans consume 675 million pounds of turkey.
- . The costume that "Big Bird wears on Sesame Street is rumored to be made of turkey teathers.
- The Average American consumes over 15 pounds of

turkey per year.

November



HUGS FOR DARFUR

"In 6th period lunch we were talking about the need for more affection, rather than a simple 'whatsup?' or They how yo doing?" said senior John Gregg, a co-creator of a movement called Hugs Because along with senior Andrew Weidemann

Inspiration for this movement came from senior From Harris. Every day the gives each of her friends in the senior lounge a hug. Harris has no reason for giving hogs, it is only because she wants to

"We saw promise in the idea, so we decided to put it into action," said Green

The movement's primary goal is to promote and encourage a healthier and happier environment through small acts of kindness. The movement is based on the visit hugsbecause com-

belief that a hug can go a long way.

Gregg and Wedemann are using Hugs Because to rains money and increase awareness about genocide in Darfor.

"By focusing on one specific crisis in one specific place someone is bound to feel the affects of our kindness," said Weidemann.

They are raising money by selling Huge Because t-shirts for \$10. A majority of the funds gained will go to the Save Darks Campaign (savedarfus com). The remaining proceeds will be evenly distributed between various other chantable funds.

To buy a t-shirt or read more about the movement,

THE 1

NATIONAL ICE CREAM SUNDAE DAY

When it comes to the invention of the ice cream sundae, few agree on the origins of the delectable

One version of the creation tale takes place in Evenation, IL. Allegedly, a law was passed prohibiting. the sale of soda water on Sundays. As a result, icecream parlors started selling ion cream sodes without the soda, which left ice cream and syrup, now known as an ice cream sundae.

Another theory is based out of ithaca, NY, An owner of an icu cream parky decided to spice up his ion cream with cherry syrup and chemes. He advertised this special treat on Sundays as "Cherry Sunday." The charry-topped ice cream was eventually served every

day of the week and became the ice cream sunder.

But it's not sust the col cream sunder whose beginnings are blurred, as there are also multiple theories on the investion of itself.

In one theory, Charles 1 of England's cook is credited with the invention, after being asked to prepare a unique dessert dish for a favoy banquet.

Another possibility credits Alexander the Great with an ingenious combination of snow and flavorings as the precursor to modern-day ice cream.

Today, you can get anything from Oreos to sprinkles on your sunday. Pagardless, many or creamlowers are quite sharkful.

Compiled by Sarah Brandon



EARLY ADMISSIONS TERMINATED BY COLLEGES

Colleges, such as Princeton, Harvard and University of Deleware, have decided to eliminate their early decision programs, while other private schools are expected to follow closely behind. The early decision programs made schools more appealing by offering students the choice of applying before the regular pool of applicants, thus distinguishing the early applicants from the January applicants. "If my top choice hadn't offered early applications, I would question the kind of institution it is," said Shaker graduate Emily Rosenberg ("05).



11.03.06

RWANDAN HERO SPEAKS AT HB

 Paul Rusesabagina's speech asks audience to take action against the current crises in Darfur and the Congo

BY WESLEY LOWERY **EDITIOR IN CHIEF**

"My purpose here is not to tell my story, but to spread my message. Please, be my messengers."

These closing words of Paul Rusesabagina, genocide survivor and recipient of the Presidential Medal of Freedom, were spoken as a challenge to the roughly 700 people crowded into Hathaway Brown's Corrigan-Daniels Athletic Center.

As the keynote speaker at HB's annual International Lecture week, Rusesabagina recounted his experiences in Rwanda and called on those in attendance to take action against the current crises in Darfur and the Congo.

"I went to Darfur, and it is exactly what was going on in Rwanda," said Rusesabagina.

Rusesabagina added that he believes that in order to put an end to the current genocide and chaos, the United States and other western countries have to cut off all monetary support to African dictators.

Rusesabagina was thrust into the international spotlight when his effort to house Tutsi refugees during the 1994 Rwandan Genocide was recreated in the movie

After watching the slaughter of his friends and family members, Rusesabagina housed 26 of his neighbors in his home before finally relocating to the Mille Collines Hotel, where he eventually sheltered 1,268 refugees. Rusesabagina still wonders why so many people flocked to him.

"I never made the decision [to take in refugees], I had 26 strangers come to me; they came to my house and I took them in."

As portrayed in the movie, Rusesabagina's ability to reason with the rebel army leaders saved not only his own life, but also the lives of all of the refugees staying in the hotel.

"The most important thing in life is dialogue; look



Courtney of Kirvin Reeves and Helterway Brown School

for a small window and find a dialogue," said Rusesabagina, who added that his numerous negotiations with rebel leaders left him a changed man."I learned one of the most important lessons of my life: how to deal with evil."

Craig Austin, a Shaker Heights Special Education Aide who decided to attend the event after receiving a notice from HB was impressed by the speech.

"I thought it was very powerful," said Austin, who added, "It was really moving."

Rusesabagina's Oct.13 appearance at HB was the last stop on his recent tour of high schools and colleges; visits have included schools in Georgia, New York and Oklahoma.

In addition to calling for greater awareness among students, Rusesabagina was highly critical of the lack

of support offered by the international community, and more specifically the U.N.

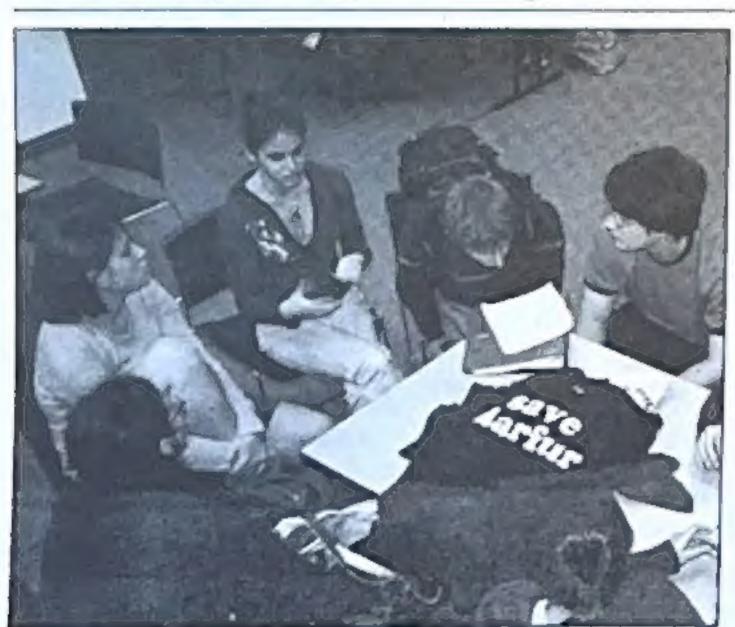
"The international community should take greater action," said Rusesabagina, "the U.N. will never get anywhere with no soldiers; we need soldiers, not peacekeep-

Rusesabagina added, "the best solution is a complete reform of the United Nations."

Rusesabagina asked that those in attendance disregard the perception that genocide will never happen again.

"The most abused two words by politicians when talking about the Jewish Holocaust are 'never again.' What they continually fail to realize is that it has happened again, and will continue to happen until someone steps in," said Rusesabagina.

DANCERS FROM AFRICAN Soul International Dance group surround Paul Rusesabagina, the individual who inspired Hotel Rwanda. Rusesabagina spoke Oct. 13 at Hathaway Brown School on the current genocide in Darfur and the Congo.



Bobby O'Connor . The Shakente

STAND MEETS ON every Thursday in the Egress to discuss possible ways to send aid to the victims of the current genocide in Darfur.

STANDING UP AGAINST GENOCIDE

BY ADRIA KINNEY STAFF REPORTER

Students Taking Action Now: Darfur, a new club launched by juniors Ben Heide, Ethan Gates and Steven Zawodzinski, is aimed at helping the refuges survive the ongoing genocide that is currently affecting Darfur.

Heide was inspired to start the club by his sister, Becca, ('05), who currently attends Georgetown University, the first university to start such a club.

After Heide attended a rally for Darfur in Washington D.C. on April 20, he decided to take action and form a Shaker Heights High School chapter of the national organization. He then discussed the idea with Gates and Zawodzinski. "It was really the rally that motivated me," said Heide, "I wanted to try and get something started here in Shaker."

The club aims to increase understanding about the current genocide, raise money for humanitarian efforts and educate the club's members through fundraisers, informative presentations and protests. "Right now, our main goal is to raise awareness," said Zawodzinski.

The 20-member group meets Thursdays after school in either the Egress or the Small Auditorium. They organized a daylong fast for Darfur. Participants were asked to dress in black Oct. 5 and give up something of importance to them for the day.

"The whole day is in honor of the people who have already been lost and to show that nothing has been done [about the situation]," said sophomore member Emma Horvath.

STAND also hopes to host a dinner to raise money for humanitarian aid. Attendees will be asked to make a donation of \$10.

Sophomore Justine Ryu thinks being in the club will expose her to the rest of the world. "It's always good to not be so self-centered in our little Shaker bubble," said Ryu.

Tim Mitchell, the faculty adviser for STAND, described the club as completely student generated. Mitchell was amazed at how many students showed up for the first meeting.

He hopes compassion towards human suffering will maintain the momentum of the club and succeed in the ultimate goal of raising consciousness of the situation.

"It doesn't directly affect us, except as human beings," said Mitchell.

SHAKER: STILL ASPHALT FREE AFTER 40 YEARS

BY ALEXA SYKES STAFF REPORTER

Forty years ago, Shaker Heights and Cleveland Heights residents were threatened by a proposed six-lane highway through their neighborhoods. The Nature Center at Shaker Lakes was started in 1966 and effectively halted the formation of the devastating freeway project.

To celebrate 40 years of existance, the Nature Center showed a special presentation commemorating the important decision to build the center in place of the highway on Oct. 8. The celebration continued Oct. 20 with a "B'EarthDay Bash" at the Shaker Skating Club that included dinner, a nature walk and fundraising.

According to Carol Marshall, Development Manager at the Nature Center, the proposed highway would have been detrimental to the natural beauty of the region.

"There is no doubt that our city would be different if a highway had been built," said Marshall, "The Nature Center was the best thing that could've happened to that location." Marshall also explained that the Nature Center is essential for the preservation of natural wildlife, "The area is an important migratory fly-way for birds as they're crossing Lake Erie," said Marshall

Senior Julia Buchheim, who volunteers at the Nature Center, agrees that the Center is a vital part of the community. Buchheim said, "It is wonderful for the neighborhood, and Shaker could use more parks like it."

County Engineer Albert Porter proposed plans for the highway in the early 1960s in order to connect 1-271 to downtown Cleveland. Upon hearing the news, area residents were up in arms. According to Marshall, residents of Shaker Heights and Cleveland Heights refused to allow their neighborhoods to be replaced by a highway. Catherine Fuller, 87, and Kathleen Barber, 82, were among the frontline activists against the highway construction in 1963. Other members of the community signed petitions and traveled to Columbus to speak to the Secretary of the Interior about the Issue.

These people would have gone to all measures to stop the highway construction from beginning," said Marshall. In response to the thousands of people that opposed the highway running through Shaker Heights, the Secretary of the Interior allowed the formation of the park, forcing the highway constructors to choose



Son Solder - The Statuston

THE MARSH LAND at the Nature Center at the Shaker Lakes is only one part of the park, which includes trails, cookout areas and a newly renovated Welcome Center. The Nature Center celebrated its 40° birthday since its creation in 1966 to prevent the construction of a highway through Shaker.

another route.

In 1971, the Nature Center was among the first organizations named National Environmental Education Landmarks by the National Park Service. The Nature Center was renovated in 2003, enhancing its indoor facilities. Due to the lack of government funding, the success of the Nature Center relies solely on the community. Only memberships, program fees, gift shop purchases, donations and grants provide thrancial support. According to Marshall, all of the Shaker Heights elementary schools, as well as other

schools in the Cleveland area, have scheduled visits to the Nature Center during the first week of November for children in the second and fourth grades.

Students of any age are welcome to volunteer at the Nature Center for community service hours with the added benefit of contributing to nature's well being

Marshall is thankful for the decision to build the Nature Center.
"I think the Nature Center is a good, fun, way for kids to get in-









10 after collapsing during a conditioning practice. After Charalambous fell at practice, trainers performed CPR until paramedics arrived. He later died from a ruptured aortic artery, which caused blood to fill the sac surrounding his heart and prevented it from beating. Charalambous, a native of England, was expected to be a backup center this season after appearing in 23 games last season.



CHICAGO

Rich Mitchell, Bremen High School District Superintendent, is facing removal due to allegations that he misused clips from teacher interviews in a documentary he created. According to the AP, Mitchell rearranged the taped interviews to distort the teachers' intended answers. The clips portray faculty members jokingly confessing to various illegal activities, including a teacher claiming that murder was her favorite leisure activity and another who said that he failed his last drug test. The tape was initially shown to about 500 faculty and staff members from the district's four high schools at a back-to-school seminar Aug. 24, as an effort to facilitate a discussion about how to inject humor and laughter into the workplace.



WASHINGTON D.C.

Campus police at Gallaudet University, the United States' only liberal arts university for the deaf, arrested approximately 60 students in about two hours Fnday Oct. 13. The arrests were made in an effort by campus administration to end a three-day confrontation by protesters over the school board's choice of the next president. According to the AP, campus police pulled apart students who were sitting with arms interlocked, arresting them one by one and handing them over to Washington D.C. police officers. The student protesters demanded the immediate resignation of the new president, Jane K. Fernandes, claiming that the selection process was skewed and that Dr. Fernandes lacks leadership qualities. Dr. Fernandes' meeting with protesters on Friday Oct. 13 produced no resolution to the standoff.



JUPITER, FLA. Tom Taylor, also known as "T-squared," never finished high school because of his desire to constantly play video games. But his love of video games in now earning him earning a six-figure paycheck from product endorsements and a video game lutoring business. Taylor is one of about 100 professional gamers who are associated with Major League Garning, an organization founded in 2002 that claims on its website to be the world's largest competitive video gaming destination. According to the AP, Taylor signed a \$250,000 contract with MLG six months after he started gaming professionally.



MINEOLA, N.Y.

Frank Tassone, a former school superintendent, plead guility Oct. 12 to stealing at least \$2 million from a Long Island school district. According to the AP, Tassone must repay the Roslyn school district, in addition to completing a four to 12 year prison term. The 59 year-old was one of six conspirators who plead guilty to stealing \$11.2 million from the district. Tassone used the \$2 million he had taken to pay for Concorde flights to England, cruises, hotel and resort accommodations, furniture, jewelry and food. According to prosecutors, more than \$1 million was taken via ATM cash advances. Of the \$2 million he owes, Tassone has already paid back all but \$373,000.

Shaker Spaces

11.03.06

CUSTODIANS DESERVE RESPECT

Recently the High School's custodial staff lost a number of people due to budget cuts. Despite being down in manpower, the staff has continued to work hard. The custodial staff has a difficult job and we need to thank them for all of their hardwork. However, there are some students who still treat the custodial staff as their personal maid service. These students need to get with the program and clean up after themselves.





ISSUE 18 VITAL FOR THE ARTS

VOTE FOR

"sin tax" necessary evil to revive artistic culture in Northeast Ohio This November, voters will once again be faced with a tax issue

to "help society." This time it's for rest. Issue 18 is a proposed tax to help arts and culture in Cuyahoga County. This tax would not be a property or an income tax but another so-called "sin tax" on tobacco.

If the issue were to pass, the price of a pack of cigarettes would increase by 1.5 cents. This money would be distributed to various arts organizations in Northeast Ohio, providing them with much needed public aid.

protect our

It's NOT a Property Tax

Not only would the arts receive an important impetus, Cleveland's sagging economy would benefit.

Improving the arts sector of our city would create new jobs and stimulate tourism, both of which would greatly benefit the economy.

Cleveland is a city with incredible potential for artistic growth. The city abounds with empty warehouses, low-rent apartments and traditional gallery

THE RESERVE OF THE PARTY OF THE PARTY.

space. These are all important ingredients in attracting artists to our city.

But attracting artists isn't enough. The local governments need to provide the arts with financial support to keep the arts alive in Northeast Ohio.

So what's the problem with paying a sin tax that could potentially revitalize our crippled city? It was, after all, the Marlboro man and Joe Camel who built Jacobs Field.

Issue 18, however, would not just support the arts. By relying on cigarette purchases to fund the arts, the government would once again be tying itself to big tobacco. The welfare of the arts in the city would be dependent upon the success of the tobacco companies' sales.

As the country wages war on tobacco use, particularly among teenagers, it hardly seems moral that our local governments would be reliant on tobacco use to support the acts. Governments frequently justify sin taxes with claims that higher prices on products like tobacco will deter people from purchasing.

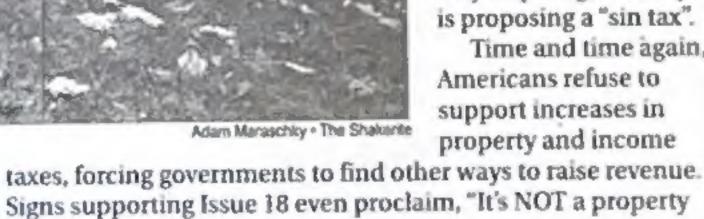
This, however, is not true.

Alcohol and cigarettes are addictive products whose users will purchase them regardless of the price. Raising prices is not an effective way to prevent people from using tobacco and alcohol.

Instead, governments often rely on "sin taxes" because they are a steady source of revenue. This reliance on sin taxes also gives big tobacco's lobbying groups in Washington more sway.

But a steady source of revenue and happy tobacco companies isn't why Cuyahoga County is proposing a "sin tax".

Time and time again, Americans refuse to support increases in



tax!" As long as people are unwilling to pay taxes to support the government's initiatives, the "sinners" of society will be left with the burden.

This leaves Cuyahoga County with little choice. While supporting Issue 18 would help big tobacco, it would also save our city.

Whether or not Issue 18 passes, people will continue to buy cigarettes, giving money to tobacco companies. While relying on these people's addictions isn't an ideal solution to Cleveland's artistic emergency, voters have left the city with no other choice. Issue 18 must pass to support the arts in Cuyahoga County and revitalize Cleveland.

LISTEN UP SHAKER

s three girls discuss the all-important results of American Idol and basketball fans talk about LeBron, I'm stuck listen-Ling to that annoying background noise also known as the morning announcements.

We all know that our personal lives are way more important than obscure club A meeting in random Room B talking about insignificant things C.

I mean, I'd certainly rather listen to the details of the latest sports game than the announcements. Even Paris Hilton is more interesting than a particular club taking a trip to some remote location to save the world or visit a school for a tiddlywinks tournament.



AMANDA ORR

However, this being my senior year, I decided to give the announcements a shot. Laughing about it to a friend, I thought 'who knows?' I might even learn something. I didn't know how true this could be.

Ignoring the lively discussion of Grey's Anatomy a row over from me, I strained to hear Mrs. Garvin's voice over the crackling PA system. Queiling the desire to leap up and shout, "Objection! Relevance," I saved my prosecution practice for team was going there, and I mostly had my facility moment.

Slipped sneakily between the soccer meeting and the latest ICWA college trip, I heard, just barely, an announcement for a leadership conference. If I had zoned out for just a second, I would have completely missed it. I decided to go down to the office and check it out.

I met with Mrs. Garvin, and I took down the information for this conference. Of course no one else had inquired about it. Of course no one else from Shaker was going.

I secretly smirked as I passed people in the halls, feeling as if I had some sort of secret treasure. While they were all chatting about their latest Spanish exam, I was getting the chance to meet influential leaders.

Finally, the day of the conference came. Some of northern Ohio's most influential lawyers spoke. They gave me tons of advice and not just the usual "Be yourself" and "Do what makes you happy." I left feeling satisfied, like I had actually accomplished something, and all because I had listened to the announcements.

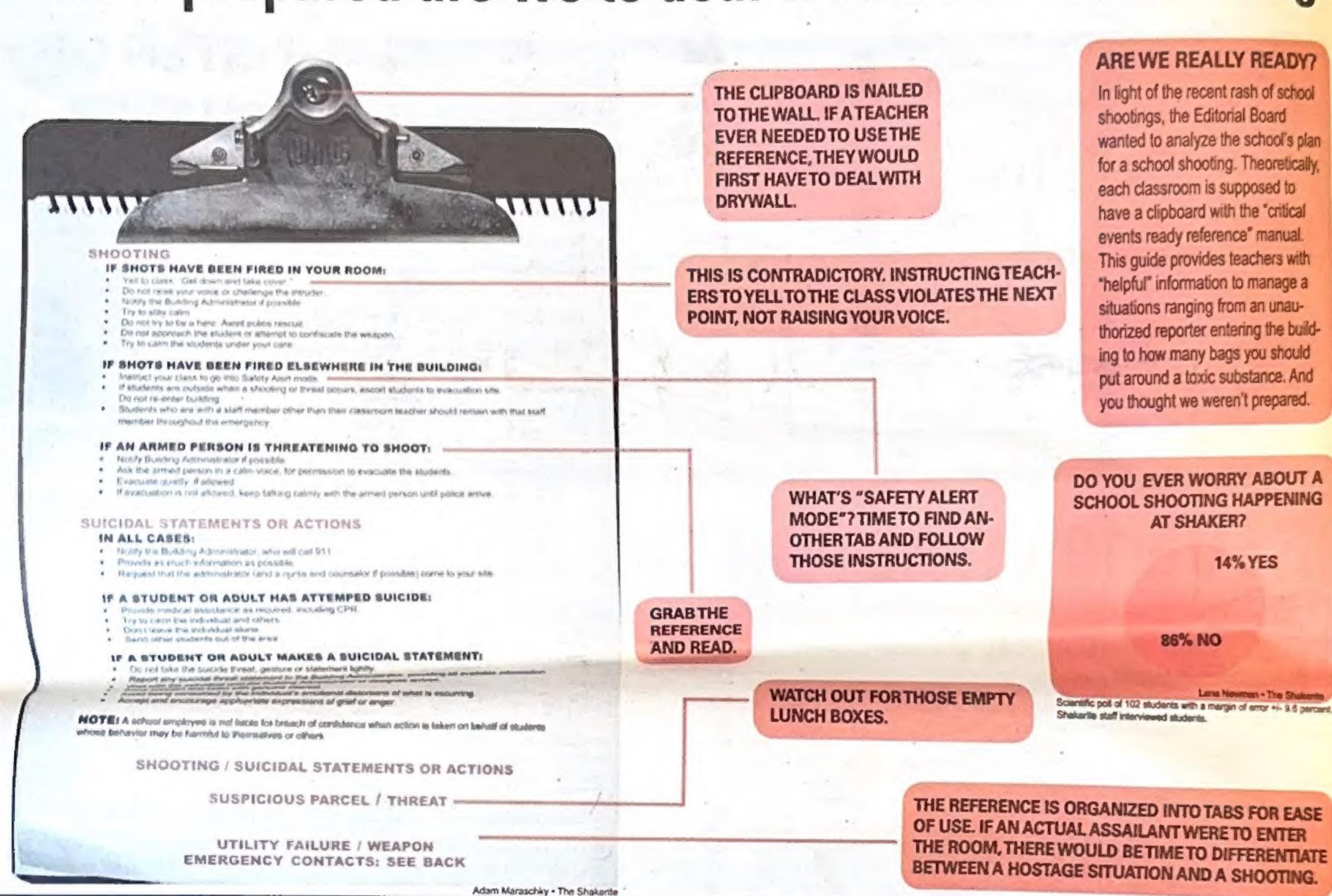
At this point, I don't want to sound like an infomercial, but what do you have to lose by listening to the announcements? Try it for two weeks!

Listen, pick something that you think might be interesting. Then attend a meeting. Whether it is leadership or lacrosse, stage crew Students for God, or maybe even ultimate frisbee, I guarantee that you'll learn something.

Instead of staying home and watching reruns of Fresh Prince of Bel Air, wondering how Vivian was replaced and nobody noticed, go get active. Let this be a story about how your life got twisted upside down...by the announcements! Speaking of which, you might also make it to your club meetings if you tune in.



SIZING UP SHAKER'S SECURITY • How prepared are we to deal with a school shooting?



Recent school shootings are not as far away as you may have thought

While Shaker seems to be worlds away from Columbine, the city that suffered from a deadly school shooting in 1999, the recent string of shootings has brought the harsh realty of school violence much closer to home. The timeline below provides the facts on the five school shootings that occured this year, as well as their proximity to Shaker.

1503 MILES COLUMBINE, CO **APRIL 20, 1999**

> **1382 MILES** BAILEY, CO SEPT. 27, 2006

部門原籍

A 53-year-old man held six girls hostage at Platte Canyon High School. After releasing four of the girls, the man shot and killed a 16 year-old student.

846 MILES JOPLIN, MO OCT. 9, 2006

A 13-year-old boy was arrested outside of his school after bringing an assault riffle to school. He fired shots into the ceiling when a teacher tried to apprehend him, but nobody was hurt.

15-year-old boy lethally shot his

principal at Weston High School

when the principal attempted to

wreste the gun away from him.

The shooter claimed that he

wanted to get back at the stu-

dents who had teased him

問題

100

363 MILES WASHINGTON D.C. OCT. 10, 2006

In response to the recent outbreak of school shootings, President Bush held a summit of education experts to address the problem. Experts concluded that communication and cooperation is key to responding efficiently to violence in schools.

SHAKER HEIGHTS

568 MILES 356 MILES E2 *SE TO TO CAZENOVIA, WI LANCASTER, PA SEPT. 29, 2006 After bringing a gun to school, a

tions.

OCT. 2, 2006 At West Nickel Mines Amish School, five of ten female students held hostage were fatally shot. The attacker then shot himself. In accordance with Amish beliefs, the families of the girls forgave the attacker for his ac-

Compiled by Lena Newman Assertin Contribut Shooping







· Shaker Students Sound Off-On The Stress In Their Lives





Alanna Kaiser

Age 15 Grade. 10

Source of Stress. House chores

Activities. Tennis, softball I'm not really that stressed. Honors classes aren't that evil with the homework level and tennis is over now But during the season, I'm a bit more stressed. Practices are really long, but there's always enough time to get everything done I'm more stressed from house chores than schoolwork.

Source of Stress Homework

*[Coaches] just think of Iplaying a sport] as a privilege They feel like if you want to play the sport you have to be able to handle the Sport and the homework If you're failing, I don't think they really care that much at other schools, but at Shaker you have to make the

Chido Nyamayendega

Age 14 Grade 9

grades too



Jamie Marx

Age 17 Grade 12 Source of Stress. Deadlines Activities Tennis, piano, tutoring

Even though all your classmates are going through a similar process, the feeling is different for everyone Sometimes I'm excited to leave but other times I wish I could just relax and keep doing the same activities I've done all through high school withhouse the same activities I've done all through high school without times I wish I could just relax and keep doing the same activities I've done all through high school without the same activities I've done all through high school without the same activities I've done all through high school without the same activities I've done all through high school without the same activities I've done all through high school without the same activities I've done all through the same activities I've done activities I've do to leave but other times I wish I could just related to the stress

same activities I've done all through high school, without the stress

of your future."





Lucy Cahn

Age 17 Grade 12

Source of Stress Taking standardized tests

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Activities Tai Kwon Do

"I don't really agree with [standardized tests] I think they trick people Some people are really smart and do really well in school but have test anxiety Colleges are really missing out on a person when they focus on standardized tests

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Greg Hering

Age 16 Grade 11

Source of Stress Balancing schoolwork and a job

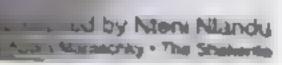
Activities Paintball, videogames, work "My parents told me that if I can't keep up a 8 average, I'll have to quit my Job and they would also take my temporary license

Ellen Super

Age 17 Grade 12

Source of Stress. Applying to college Activities Crew

"Colleges don't really give you a rubric on what they're looking for or what kind of structure the essay should be, so it's stressful because you want your application to be perfect, even though you're not entirely sure about what they're looking for



11.03.06

ALLY WEEK HONORED AT SHAKER

The GSA board is covered in nearly 150 blue, green, pink, orange, yellow and gray "pledge cards" signed by GSA members, non members, and Shaker staff. The signers yow to take a stand for a "safe and harassment free school for all students, regardless of sexual orientation or gender identity/expression." The cards were posted for Ally Week, which was Oct 15-21 This was the second annual Ally Week sponsored by GLSEN, the Gay, Lesbian, Straight Education Network, but the first one held at Shaker.





GAY-STRAIGHT ALLIANCE members Anna Ronis, Alex Anthes, Costina Casal, Ben Karlin, Avey Venable, Athena Pallotta, Sonia Misra, and John Paul Gordon, dad in an array of color, showed their spirit at the 2006 homecorning parade. The homecoming theme was Wizard of Oz so GSA members dressed up as characters. including the scarecrow, the lion and Dorothy

THE KING OF ALL HOMECOMING QUEENS Adam Maraschky - The Shakertie

BY KELLY EISELE THE BEAT EDITOR

ripping with sweat and decked out in finery, Shaker students stepped aside to allow a senior male to accept a sparkling tiara Ben Karlın, nominated by his peers, ran for homecoming court and won the title of 2006 homecoming queen

Karlin developed the idea last year after his friend Katherine O'Bryon ran for homecoming queen, "I wanted to make a statement and I set a goal for myself," said Karlin.

Karlın hoped to prove to his classmates that a male could win the queen's crown. "There's nothing in our procedures that says who can and can't run for homecoming court," said high school principal Michael Griffith, who added that the only requirement is that they be nominated by their peers.

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Afterhis nomination, Karlin went to Griffith to make sure his campaign for queen was acceptable. "Griffith was incredibly positive on the issue. He didn't have any problems with the idea," Karlin said.

Even though it was unrelated to his goal, Katlin said that being out with his sexual orientation was an assisting factor in his victory. "I believe being openly gay only helped me. If I was straight it would be difficult for people to grasp and understand," Karlın said.

Karlin was skeptical about his chances against thricecrowned homecoming court member Andrea Hamil-Hamilton, who is friends with Karlin, wasn't upset at losing to him, saying, "it was just funny."

"People thought that it [having a male homecoming queen) was wrong and couldn't believe that the city of Shaker let something like this go on, but I am cool with Ben, so I really accepted it," said senior homecoming king Ryan Hines.

After the announcement of the court at the homecoming dance, an eruption of boos echoed through the gym in disapproval of Karlin's crowning. But an equally audible number of people congratulated Karlin on his newfound glory with applause.

Griffith thought that Karlin's election homecoming queen was insignificant. "For us in Shaker, it is a non story," Griffith said. For Karlin, it was a "non story" because "people know

me, and weren't surprised by the stance I was taking." While the controversy lost attention at Shaker Heights High School the day after homecoming, many people outside of the school were still obsessed with the ordeal. Channel 19, CNN, CBS, Logo and NBC all covered the incident.

"I have never gotten attention for something I had done, not to say that this was all for attention. It was just new to me," said Karlin about the news coverage

The Shaker Theatre Arts and Music Departments Present

A Musical by Steven Sondheim

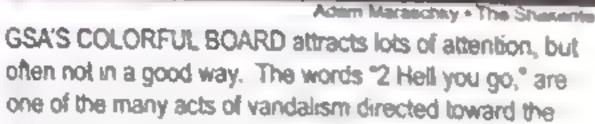
"... and happy ever after?"

November 30th, December 1st & 2nd • 8pm • Large Auditorium Box Office: 295-4287

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GSA board. Although the writing was first done in pencil, perpetrators returned the following day and imprinted the message in pen. On Oct. 11, GSA posted signs around the school promoting national Coming Out Day. These signs were also defaced with offensive words, such as "fags." The club's newest activity, the pledge cards, are one way GSA is fighting back.





Winter Fashion

•Gloves/Mittens - Many people have a preference between mittens and gloves. But convertible mittens pose a popular alternative for those undecided. All three varieties are sure to keep your hands toasty!

Wide Variety: Urban Outfitters (\$12+)

•Scarves - Whether you prefer to wear yours during the blizzard on the walk to school or during classes, scarves are fun and fashionable, the perfect winter accessory

Affordable, American Apparel (\$15-\$28) Splurge: Lucky Brand Jeans (\$44+)

•Vosts - Vests remain a winter clothing staple, but they're not the best at keeping you warm Wide Variety: Gap (\$59+), Target (\$24.99)

•Fleece - These lightweight jackets will keep you warm enough in the snow as well as protect you from the igloo we like to call school Affordable: Old Navy (\$24.50a)

Affordable: Old Navy (\$24.50+) Splurge: North Face (\$99+)

•Hate - The best way to keep warm is to cover your head so trade in your baseball caps for some winter beames or earflap hats

Affordable: American Eagle (\$17.50+)
Splurge J. Crew (\$28+)



Festivals

•Winterfest Tree-Lighting Festival - Nov. 26, 6 p.m., at Public Square. Admission: Free. There will be a parade, music, fireworks, an amazing light display, duncing and, of course, hot cocoa.

•Holiday Circlefest - Dec. 3, 1:00-5.30 p.m., at University Circle Admission Free. Come for holiday shopping, food, music and fun.

•Winteriffic - Jan. 21 and Jan. 22, 11 a m. - 4 p.m., at Brookside Reservation and Cleveland Metroparks Zoo. Admission. Free at Brookside Reservation, \$3 for adults at the Zoo. Go on guided winter hikes, view exhibits on ice fishing, try cross-country skiing or snowshoeing and see ice-sculpting demonstrations. At Brookside Reservation, a sled dog team will be available for pictures and, dependent on the weather, rides will be offered for a small fee



 Winter's not all bad. Here are some things to do, eat and buy during the cold Cleveland season.



*Thorton Park - Try the Thorton Park ice rink, which is open year-round, for some winter fun A yearly individual pass is \$75, and daily passes are available for \$3. Bring your own skates, or tent a pair for \$2.50. Hockey games are frequent entertainment for those who prefer sitting in the stands to skating. If you would rather be outside and enjoy the snow, try the sledding balls.

•The Cleveland Metroparks - The Metroparks are full of activities, from tobogganing and ice fishing to winter hiking and outdoor

must be obtained. There are two 70-foot toboggan chutes in the Chalet Recreation Area of the Cleveland Metroparks. They run from December through February, with or without snow There is also an indoor area with a snack bar and TV at the facility. Bring gloves, because all participants must have their hands covered to ride the chutes. Outdoor ice-skating is also available at three locations, the nearest being at the Rocky River Reservation. Check out clemetparks.com for a complete list of details

•Boston Millo/Brandywine - For those who love to ski and snowboard all winter long, these are the places to be Season passes at both locations are \$400 and day passes are \$39. If tubing is your forte, both locations have specialized snowtubing slopes. The tubes are provided by the venue, but tubing is only available Fri. through Sun.

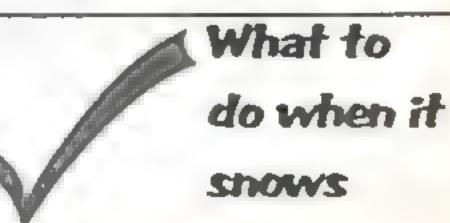


Cornfort Food

•Hot Cocoa - For instant hot chocolate at home, try Williams-Sonoma (\$19.50, 20 servings) or Nestle Hot Cocoa (\$1.99, 10 servings). To warm yourself up at a restaurant, try Dewey's (\$2.15), Arabica (\$3.05), or Phoenix Coffee (\$2.45)

•Soup - Panera Bread has a variety of soups (\$3.29) that change according to the day and season. Bread bowls are always available for an additional charge of \$1.30. Tomaydo Tomahhdo, which delivers, has three choices of soups daily (\$4.25)

•Pruit - Cranberries, kiwi, red grapes, grapefruits, and tangerines are best during winter months. Want to try a new fruit? Kumquats, passion fruit, pomegranates and ugh fruit are also all in season. To get these unique fruits, swing by the Miles Farmers' Market.



- ☐ Make a snow angel
- Build a snowman...and woman...and
- Break the icicles off your roof and have a sword fight
- □ Have a snowball fight
- □ Try curling
- ☐ Construct a fort
- □ Take scenery pictures of sparkling snow
- □ Hope for a snow day
- Make maple syrup candy in the snow



- O Play broom ball
 - Take an old fashioned sleigh ride
- Drive around and look at winter lights
- Count the days until summer
- □ Take a trip to a warm place. Florida anyone:
- □ Go holiday shopping
- ☐ Make an ice skating rink in you backyard
- Snuggle up next to the fire...with a special someone
- Have an iditarod with all the dogs on your street

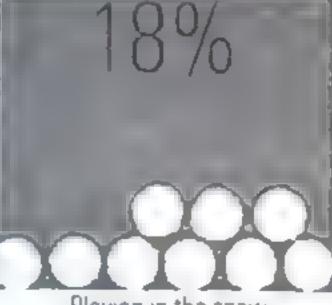


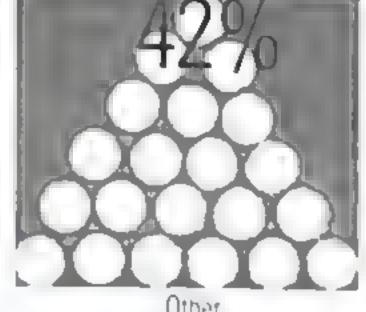
Complied by Kery Else e and Salah Welse

SHAKER STUDENTS' FAVORITE WINTER ACTIVITIES









Playing in the snow Other



MARIO IN MATH CLASS

Graphing calculators have been notoriosly used for more than just calculating equations.
 These math machines are stocked with games for entertainment – and students know it.

BY SARAH WEISS THE BEAT EDITOR

or many high school students, the last few minutes of class are spent absorbed in their graphing calculators, fingers punching buttons and heartbeats racing. Some of these students are trying to finish the last question on their math quiz, while others are calculating the grade they need on the final. But, for the 52 percent of Shaker Heights High School students who have games on their graphing calculators, this time is spent as quality play time with their calculators, working on a new high score.

Junior Max Rothman has played games on his Texas Instruments 84 Plus calculator since he downloaded a dodge ball game his freshman year. This first game evolved into his current selection; Subhunt, Phoenix and Mario, all of which were downloaded for free from the Texas Instruments website, ticalc.org.

According to the TI website, the most-downloaded game for TI-83 and TI-84 Plus calculators is Sudoku 1 0, while TI-89 users opt for Dragonball-Z

On the TI website alone there are 3,419 games available for TI-83 and TI-84 Plus models and 782 games for TI-89 calculators, and all are free of charge

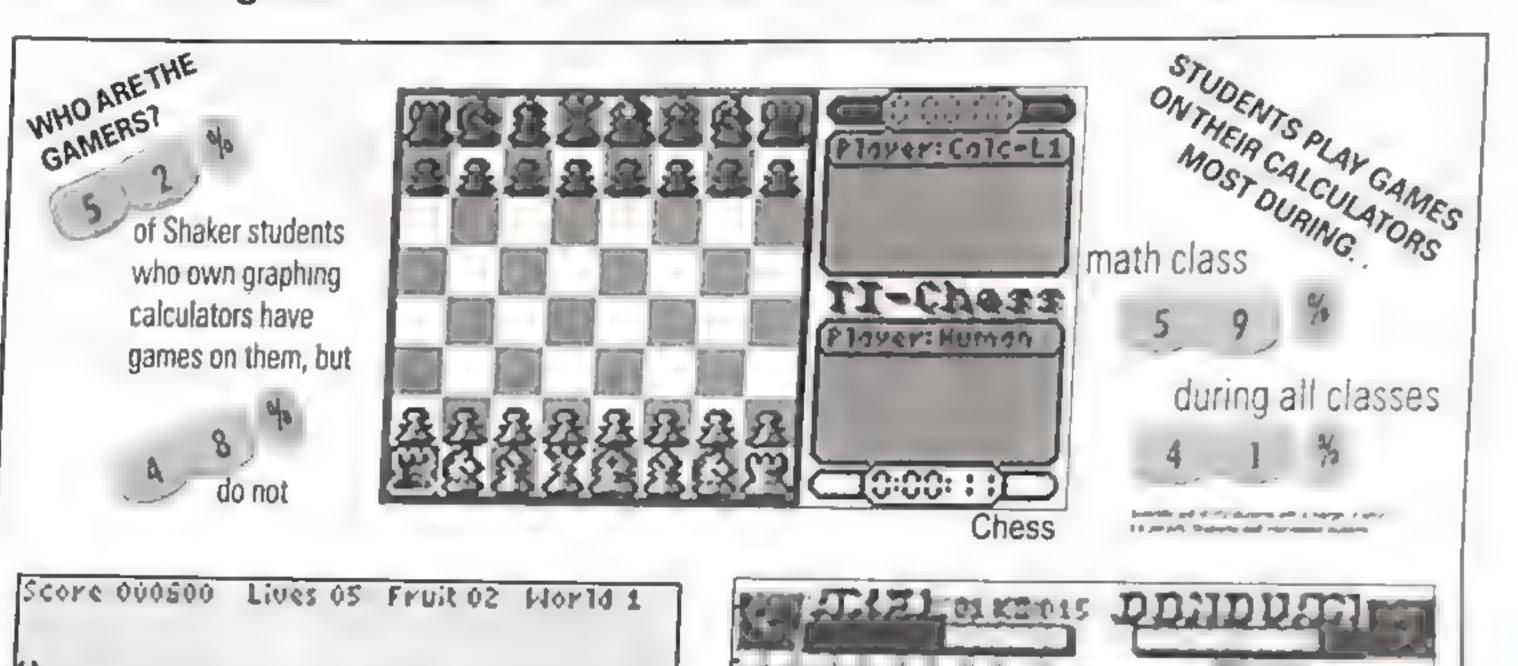
Downloading a game file from a website is very simple, although some of the less-advanced calculators do not come equipped with the right software or the necessary cable. However, both can be purchased from TI

The TI website goes on to specify which models work best for gaming, stating that a "regular TI-89 is suggested for gamers because not all of the current programs work on the Titanium." The Titanium model is an advanced model of the TI-89 calculation.

Suphomore Daniel Murphy uses a link cuble to transfer games from other calculators to his calculator. He is one year ahead in math, so his gaming trade with classmates began when Murphy was in the eighth grade.

He has downloaded games from the Internet before, but thinks the games he gets directly from other people are better

Murphy finds that calculator games are "entertaining, but wear off." He plays mostly during study hall or occasionally in class. "Calculator games are fun enough if you're really bored,"



Score 000500 Lives 05 Fruit 02 Horid 1

said Murphy

Rothman has similar views about when to play games

"When I ve got nothing else to do I pull out my calculator," said Rothman. "It's mostly at the end of class when nothing's happening."

Rothman takes out his calculator during many of his classes,



not only math. During a lesson, though, kuthman dues not play on his calculator because he can "imagine many teachers don't like having them out "

According to Murphy, the only harm that games cause is that they "take up a lot of memory and faulty games can freeze the calculator."

STRESSED over college applications?

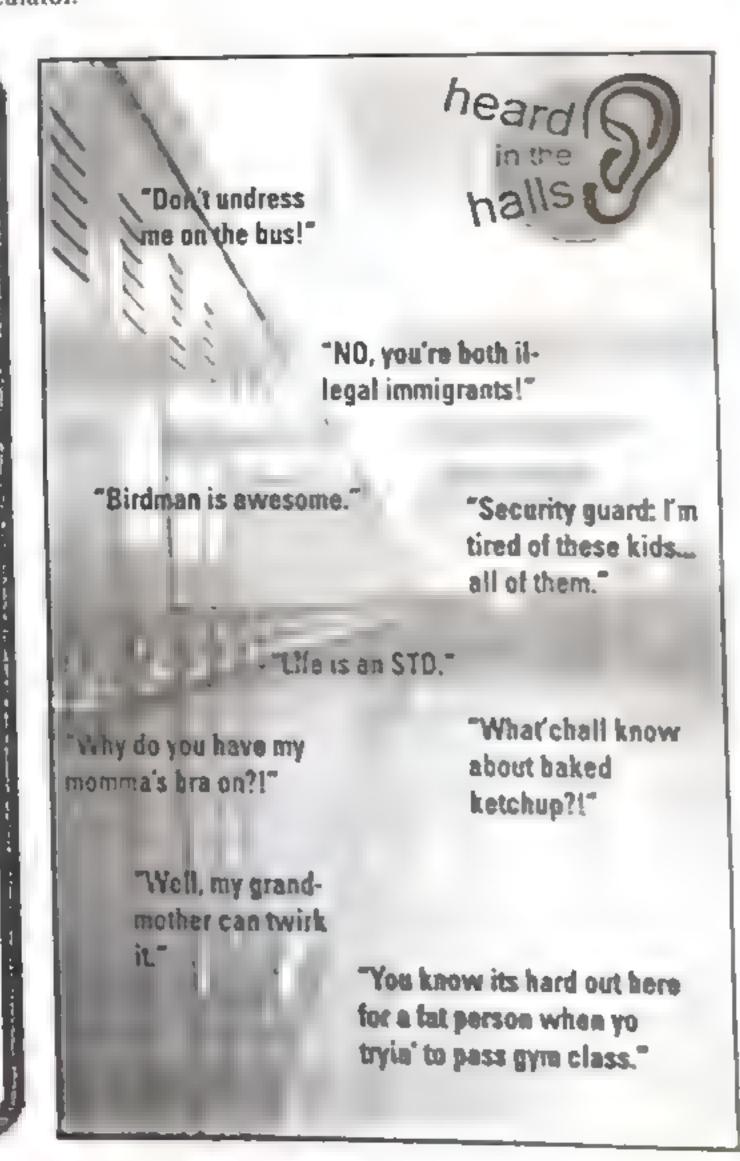
Calm down. There's help.

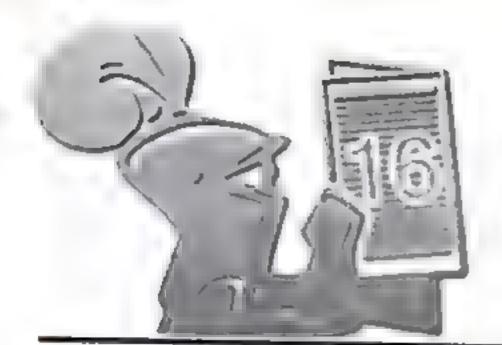
Personalized attention to help you:

- Research and target colleges
- Choose an application strategy
- Establish timetables
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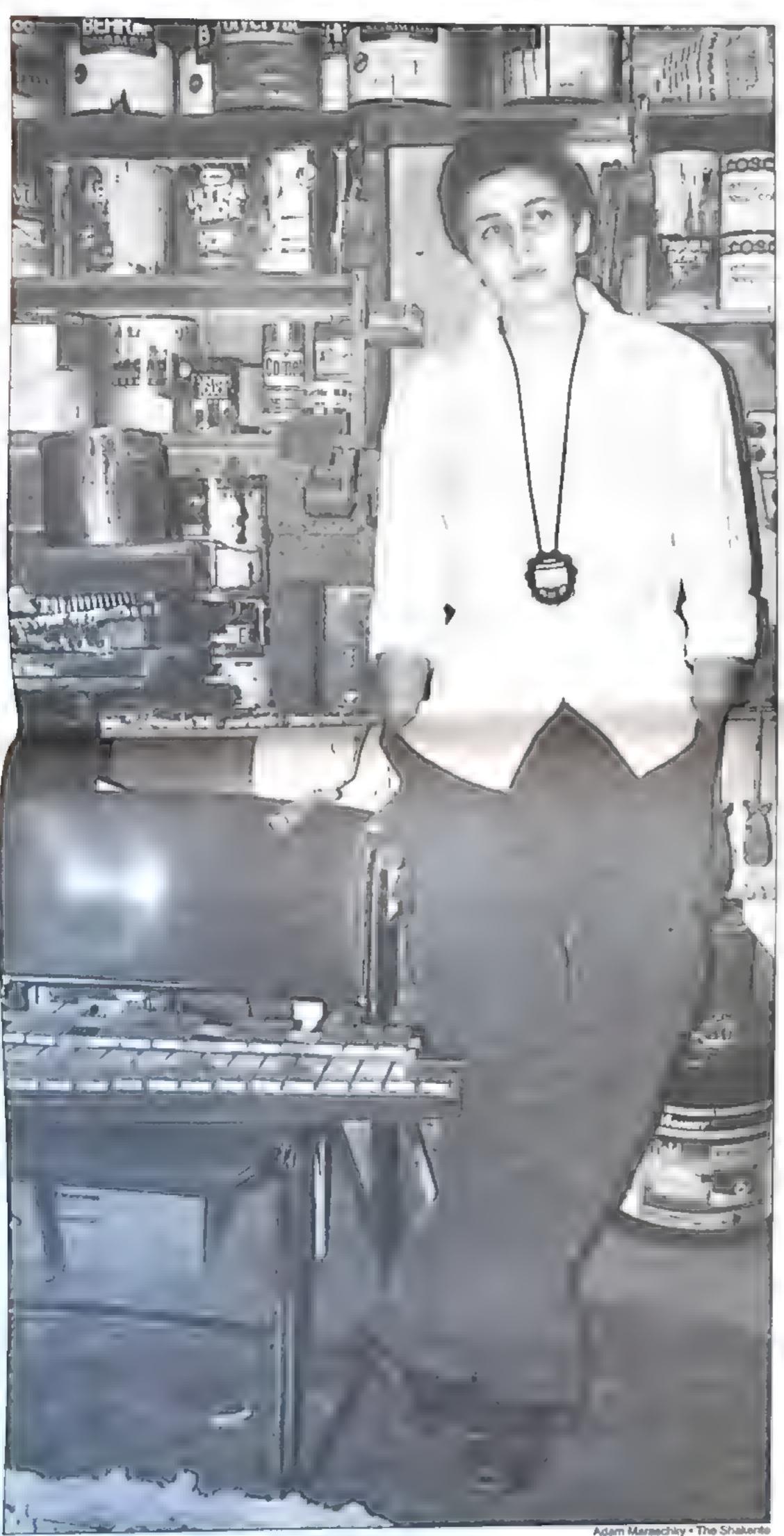




MATT THORNTON COMES BACK TO SHAKER, RUNS WORKSHOPS FOR THEATER

During the week of Oct. 16, the Senior Acting Ensemble participated in a workshop with guest artist Matt Thornton (192). Thornton, who has worked directly with the Pilobolus Movement Company, is the son of James Thornton, the founder of Shaker's ensemble program. Thornton did many different workshops focusing mainly on capoeira, a Brazilian martial art developed by slaves during the colonial period. The workshops on cappeira were used to further expand the dancers' awareness of their bodies. and different kinds of movement.





Q & A with Stage Ouestion Manager Liz Shinkle

Senior Liz Shinkle has been involved with the theater program since her freshman year. She is the stage manager and is planning to graduate early and pursue stage management and technical direction as a career Limelight Editor Carrie Reese finds out more about Shinkle's experience

WHAT GOT YOU INTO STAGE CREW?

My freshman year I knew Sara Smith ['05] and they needed bodies for stage crew. I got dragged out of bed [for] the first stage crew meeting of my freshman year. I also worked with Dante Jones ['04] and Chris Janata ['04]. It was a lot of fun working with those guys. I also meet Liza Bonthius ['06] there and worked with her

WHAT POSITION DO YOU CURRENTLY HOLD IN SHAKER THEATER?

Right now I am stage-managing the show "Into the Woods". I will also be part of stage crew and building the set

WHAT ARE YOU DOING FOR YOUR LATEST SHOW?

I won't be doing a whole lot except calling the show which is basically enhancing the play with lights and sound. We have a light and sound board in the back of the auditorium. The stage manager sits up there with light and sound board managers and calls the cues

WHAT IS YOUR FAVORITE PART OF YOUR JOB?

My favorite part comes just when we're doing the show. Every night you walk in to do your show, there's a major adrenaline rush You're really excited about what's happening and really comfortable with what you've been doing.

WHAT IS THE HARDEST PART OF YOUR JOB?

The hardest part is just being a student who is put in a role of authority and understanding that you have to get the job done but at the same time, you're speaking to your peers, Sometimes when the cast is goofing off, you sort of have to separate yourself from everyone and remember that you have a job to do. Also, I have to have an attitude where people can come to me with problems and I can fix them

WHAT EXACTLY IS TECH WEEK?

fech week for us usually starts on Sunday leading into the week the play opens. Tech Sunday is Sunday, November 26th, so that's the day when Mr Tisdale, who is our technical director watches the show in entirety Tech Sunday, Mr. Tisdale focuses the lights and does his lighting design and we usually have our guest sound artist come in, Corby Grubb, and they set up their equipment For example, for the musical we will be using body mikes and he ll set up floor mikes because it's very hard to hear someone, the room itself actually swallows sound. Monday and Tuesday we have dress rehearsal with all the light and sound and costumes. The stage managers get practice with when we call their cues. Monday we open, Wednesday we have a preview, which is an invited preview, and during that week we have an assembly for students.

WHO ARE SOME OF THE PEOPLE THAT YOU WORK WITH?

Me, Joel Rathbone [adult stage manager] and then I have two assistants, Hannah Kowen, who is a sophomore and Fatimah Mateen, who is a freshman. They're just there to do what I tell them to do, but it's seen more like they're stage managers in training. They applied for the job and we're training them

WHAT DO YOU DO WITH THE CLEVELAND PLAYHOUSE THEATER?

I'm in the Cleveland Playhouse Keybank College It's a parallel program to the Museum Ambassador's program at the Cleveland Museum of Art. We work with different professionals and have the ability to job shadow. Being allowed to see the shows free all year and being involved with professional theater is a neat experience.

YOU'RE GRADUATING EARLY; WHAT DO YOU PLANTO DO **AFTER YOU GRADUATE?**

For the most part, I'll be putting my résumé in with different theaters downtown. I'll be submit ting stage manager applications to Dobma and Kalliope which are local Cleveland theaters.

IS THEATER MANAGEMENT AND STAGE PRODUCTION WHAT YOU WANT TO DO FOR A CAREER?

Hopefully I will be going to a school for degrees in stage management and technical theater so I can work as a stage manager or technical director. From the skills I learn, I could work on a film set or in an art studio or any studio really.

LIZ SHINKLE STANDS in the scene shop where sets are built and building materials are stored for stage crew



SOPHOMORE LEO
BROCHU and junior Dylan
Hogan-Drexler flip through
used records at Suite Lorain.
The Cleveland store has
been open for sixteen years
and offers a variety of vintage furniture, clothing and
collectibles. "It was really
cool. They have a lot of stuff
that I find interesting, more
so than stuff at stores nowadays," said Hogan-Drexler. It
was the junior's first time at
the store.

Photo by Adam Maraschky • The Sharente

Secondhand stores provide style alternative

LIMELIGHT EDITOR

A fter searching through rack after rack of old clothes, you find it.

The swelling glee in your heart lets you know that you, dear shopper, have reached thrift heaven. You've finally discovered that one-of-a-kind piece that echoes James Dean, Audrey Hepburn or whatever hipster your current style emulates.

"It's fun to find treasures," said sophomore thrift shopper Hannah Elson.

Stores like the Salvation Army Thrift Store, Unique Thrift and Hospice Resale shops play host to thrift store shopping, the purchasing of second-hand items.

It used to be that thrift stores were for lower income families and alternative teenagers, but recently more middle class students have been frequenting these establishments.

Thrift stores provide an alternative to everyday mall shopping. Instead of prewashed jeans and striped rugby shirts, shoppers can

find neon orange jackets, cheetah print high heels and Duran Duran t-shirts that are actually from the '80s.

"They have pointless shirts that you can't find any where else," said sophomore Robert Fisher, who often goes to thrift stores with his girlfriend Kasey Rosswurm, also a sophomore.

"It's [thrift store] a good place to find unique jewelry that you can't find in expensive stores...and sunglasses," said Rosswurm.

In addition, all items sell for extremely reduced prices in comparison to everyday retail. Winter vests often cost less than three dollars, while suits rarely go above \$20. Jeans cost between two and 10 dollars and t-shirts are three dollars and under.

For even larger savings, Unique Thrift (the closest one

to Shaker is located on Northfield Road) hosts "Half-Price Mondays" where everything in the store is discounted.

"You can find unique pieces for really cheap," said junior Viveca Tress.

In addition to the massive number of thrift stores in

the greater Cleveland area, there are a number of vintage stores. Vintage shops provide upscale used clothing where quality and price increase.

Instead of flipping through worthless shirt after shirt to find one good piece, these stores provide shelf after shelf of the best clothes from different eras.

Flower Child, one of Cleveland's most popular vintage stores, is located on Clifton Avenue on the west side of Cleveland. This massive store has a different room

TOP FIVE VINTAGE STORES

116" St.

Saite Lorain 7105 Lorain Road

2. This Way Out 15711 Waterloo Road

4. Chelsea's Vintage Clothing 1412 West

5. The Cleveland Shop 11606 Detroit Ave.

3 Flower Child 11508 Clifton Blvd

devoted to each decade from the 1930s to the 1970s. The shop seems to be a never-ending maze of old clothes, furniture, magazines and junk from the glorified days of yester-year.

Suite Lorain, another vintage store located a few blocks from Flower Child, has an incredible

selection of dresses, men's clothing, furniture and knick-knacks.

Suite Lorain, "The Vintage Department Store," has been in business at the same location on Lorain Ave. for 16 years, in a building that used to be an Alcoholics Anonymous meeting center.

Owner Cindy Deering rents out some of the store to individual sellers, one of whom is Mark Leddy, owner of local concert club, the Beachland Ballroom (another great vintage store, This Way Out, is located in the basement of the Beachland).

Deering says her customers include "teenagers and kids in their twenties who are into clothes and cheap things," in addition to "vintage freaks who have to get their fix."

ALEX'S VINTAGE OUTFIT Senior Alex Anthes is a frequent T-shirt: \$1.50 thrift/vintage store shopper. Here is a Hollister \$19.50 breakdown of her Old Navy: \$16.50 Gap: \$14.50 eccentric attire in comparrison to the price of women's clothing at stores in the local area. Belt: \$10.00 Coat: \$20.00 Macy's: \$42.00 Nordstroms: \$88.00 Hot Topic: \$24.00 Urban Outfiters: \$68 00 Pacific Surwear: \$19.50 Aeropostale \$39.99 Shoes: \$5.00 Foot Locker: \$44,99 Journeys: \$39,99 Payless: \$24,99 Pants: \$25.00 J. Crew. \$38.00 Abercrombie and Fitch: \$89.50 American Eagle, \$49.50 Infographic by Josh Davidson - The Shakente

WONSON DAZZLES SHAKER AS ANNOUNCER AND COACH

BY TEDDY CAHILL RAIDER ZONE EDITOR

The voice of Shaker football walks around the orange sawhorse that separates the press box from the fans at Russell H. Rupp Field. Announcer Bob Wonson has been announcing Shaker football games for the past 21 years.

Wonson's voice booms over the PA system as he reads a statement about sportsmanship by the Ohio High School Athletic Association. More people seem to recognize Wonson's voice than know his name or what he does at Shaker.

"It's amazing how many people talk to me about my announcing," said Wonson.

Wonson does no preparation for the games, just saying whatever pops into his head. "I put my [mouth] on a seven second delay," Wonson said.

Wonson is well known for his shout-outs to former students, players and teachers and for his college football score updates, which Mary Ann Wonson, his wife, reads off the ticker on her battery TV.

Wonson, however, is much more than just the football announcer. He has coached varsity men's basketball and men's golf for the past 22 years at Shaker. He also teaches social studies, mainly U.S. history.

The successes of Shaker's basketball team have come under Wonson's coaching, including a trip to the state title game in 1999. He has coached the 12-winningest basketball teams in Shaker history. Shaker had a long tradition of losing, with only eight winning seasons in 62 years.

1999 was the first year Shaker reached the basketball

state finals, but they were unable to come home with the title, losing to Cincinnati Moeller 67-62. "|The state title game] was so disappointing because we had a better team," said Wonson, "We could have played them the next day and won." Shaker was handicapped by John Higgins ongoing recovery from a knee injury that forced the Preseason Ohio Player of the Year to miss 16 games.

"If it doesn't say Saint in front of your [school's] name, you don't get repeated chances at a state title," said Wonson.

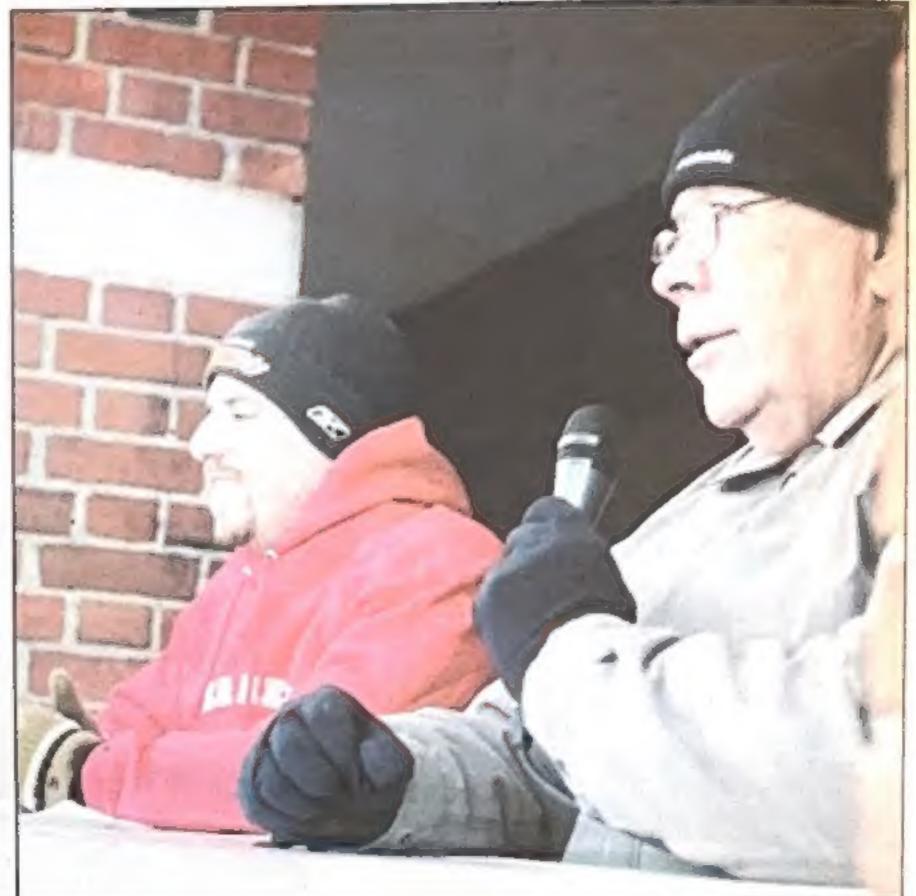
Wonson has sent many players to Division I colleges for basketball, including Higgins', who led the Southeastern Conference in three point shooting. Current basketball player Nick Winbush is the latest recruit and credits Wonson with his success in receiving a scholarship to Miami University for basketball.

"Coach Wonson has taught me so much about how to play basketball at a high level," said Winbush, a senior forward and two-year letterman for Wonson's basketball team.

Wonson's career as golf coach hasn't had quite the same amount of success, though it has been an achievement for a coach who just "fell into the job."

After Wonson was hired as basketball coach, the old golf coach retired, leaving the position vacant. Greg Mastell, Shaker's Athletic Director, convinced Wonson to take the job and Wonson has been happy with the job ever since.

"It's a comparatively easy job [to coaching basketball), you just play the kids with the lowest scores," said Wonson, "It's not hard to explain to parents why their kid isn't playing."



Adam Mersechky - The Shakerte

BOB WONSON ANNOUNCES the football seniors with the help of spotter Michael Becker before the Euclid game Oct. 14. Wonson has been the voice of Shaker football for 21 years.

Testing reaches high school level

New Jersey becomes first state to implement steroid testing policy

BY MIKE YOUNG RAIDER ZONE EDITOR

teroids have long been a part of the professional sporting world, used as a device for unnatural performance enhancement and sometimes ruining the careers of professional athletes. High school athletes were forgotten. Until this year.

While Congress hounds the professional sports to improve testing, the New Jersey State Interscholastic Athletic Association initiated the first high school performance-enhancement testing program in the nation with the help of the New Jersey Department of Education.

The NJSIAA paid \$50,000 for testing and also got a \$50,000 grant from the state government.

. O H.21. Bob Baly, Assistant Director of the NJSIAA, Helffrich expressed concern with the growing amount of steroid use in high schools. "We saw figures [that showed]up to 6 percent of student athletes were taking performance enhancers," he said.

"We talked with current student athletes, and former student athletes, and they knew where to get these drugs, so we felt something needed to be done."

According to the NJSIAA testing policy guidelines, "tested athletes will be selected randomly from all of those athletes participating in championship competition."

In other words, any athletes that reach the state finals in playoff competition will be tested randomly.

Testing at a state level stems from the 1995 Supreme Court decision in Veronia School District V. Acton, which gave schools discretion in implementing testing for their own programs.

Don Readance, Shaker Heights High School Athletic Director has reservations about the implementation of testing at Shaker, assuming that the budget would even allow such a thing.

"I would think it would open a lot of civil action in

terms of privacy issues with students," Readance said.

Privacy is a concern for Shaker junior offensive lineman Cameron Helffrich, who wonders whether or not he would receive a consent form.

"If they allow our parents to sign a form, then I'd be OK with testing," he said. "I wouldn't want to be forced to do it [without knowing beforehand]."

New Jersey policy says that if an athlete fails to give consent, then they are deemed ineligible to play.

Steroids have long been a problem in the professional ranks, dating back to the '70s and '80s when Lyle Alzado, former defensive lineman for the Cleveland Browns, Denver Broncos and Los Angeles Raiders, became one of the first notable sports figure to admit to steroid abuse.

It took Major League Baseball and its players' association until 2005 to reach an agreement on steroid testing, after years of swirling suspicion around its biggest home run hitters.

Readance thinks the turmoil surrounding steroid abuse by professional athletes can lead to trouble for high school athletes.

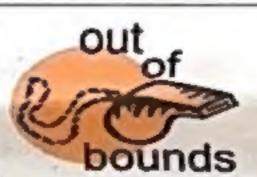
"I don't see a whole lot of issues first-hand that would raise my eyebrows," Readance said.

"But I don't doubt [steroid abuse at the high school level] is an issue, especially with the problems in professional sports."

WHAT THE OHSAA SAYS ABOUT STEROIDS:

According to OHSAA bylaws,"If you use steroids or other performance-enhancing drugs, you are ineligible for interscholastic competition until medical evidence indicates that your system is free of these items."

Of course, without testing there's no way to prove such a thing. If an athlete tests positive in New Jersey, that athlete is deemed ineligible to compete in their sport or any other sport for a period of one year.



Ignatius left out in the cold by changes

RED NORTH CHANGES:

After looking over Shaker's schedule for the upcoming hockey season, one might notice a slight problem. Trinity appears on the schedule twice. Meanwhile, former main-TEDDY stay St. Ignatius doesn't CAHILL appear at all. That's because; during the off-season, these two switched divisions. Ignatius, after winning only one Red North game last year (a 7-6 victory against Shaker

at Thornton Park), moved down to

the Red South and Trinity moved up

to the more challenging Red North.

NBA SEASON PREVIEW:

Here are our predictions (in order of regular season finish, one to eight):

Mike- East: Detroit, Miami, Cleveland, Chicago, Washington, New Jersey, Indiana, Orlando.

West: Dallas, San Antonio, Phoenix, Clippers, Lakers, Minnesota, Houston, Utah.

Teddy- East: New Jersey, Miami, Cleveland, Detroit, Washington, Milwaukee, Boston, Toronto.

West: Dallas, San Antonio, Clippers, Phoenix, Minnesota, Seattle, New Orleans/Oklahoma City, Houston.

WHENTHE GOING GETS TOUGH ... QUIT:

After starting the season at 0-4 without scoring any points, Michigan's Oscoda High School football team decided to cancel their season.

At the beginning of October, they forfeited their final four games citing "risk of injury." Not scoring any points in your first four

games is pathetic, but it's even more pathetic that you cancel the season citing "risk of injury." The only way that a team should quit is if they're forced to play the NFC South in those four games. Really, is there anything less honorable?

CAVALIERS SEASON PREVIEW:

We will all be "witnesses" to the best season by an individual player since Michael Jordan. Of course, we're talking about LeBron James. We know he will be spectacular but what about the rest of the team?

Larry Hughes needs to stay healthy throughout the season. Also, the performances of Donyell Marshall (who needs to make defenses honest with a dribble-drive game and not stand on the perimeter) and Damon Jones (who doesn't need to force three-point shots) need to improve after average seasons last year. If the Cavs play with the defensive intensity they showed during last year's playoffs on a consistent basis, this team has the potential to be the best in the Eastern Conference.



YOUNG



Dan Snider + The Shakerite

QUARTERBACK RIVER MCWILLIAMS drops back to throw during 43-6 loss against Euclid. McWilliams, a junior, is in his first year as starting quarterback after replacing two-year starter Alex Math and finished the season with seven touchdowns and 829 yards on 193 attempts.

Howard

FOOTBALL: KEN GLENN

The football team has made the playoffs the last two seasons but with only two returning starters on both sides of the ball, senior safety Ken "Rudy" Glenn knew that this season would be difficult.

"I knew we had a lot of adversity to play through," Glenn said. Glenn, who was one of the returning starters, also knew he had to become a leader of the defense.

"It [leadership] is always good to have ... it was part of the challenge this season," he said. Glenn recorded 59 total tackles and a tackle for loss on a team that was 3-7.



Glenn

3=7 OVERALL

It [leadership] is always good to have... it was part of the challenge this season.

Ken "Rudy" Glenn • senior saftey

After coming off a 6-5 season and making the playoffs for the second straight season, the football team had only two returning starters on offense.

So, we weren't exactly expecting a return to the playoffs.

They've been outmatched in every loss this season and have only defeated Warrensville Heights (1-7) and Lakewood (2-6).

Still, the offense has improved throughout the season led by two sophomores, power-running back Roman Lawson and star receiver Perez Ashford.

MEN'S SOCCER: KERRY HOWARD

New head coach Mark Mallon made numerous changes in his first year as head coach, including shifting positions on the men's soccer team.

Junior Kerry Howard was one of those affected, moving to midfield.

"It took awhile to get adjusted to my new position... Coach stressed a lot on defense," Howard said.

He was the focal point of the offense during the season, a season in which Howard expected to get further in the playoffs than they did last year.

"The team got a lot better as the year went along," he said, "but we got the same playoff result as a year ago."



After changing coaches during the offseason, the team was able to show huge improvements over last season.

While there was no improvement in LEL standings or playoff finish, the team had a considerably better goal differential, After losing last year to Mentor 8-0, the team lost only 2-1 to the eventual number-one seed in the Northeast district and eventual LEL champ. Of course, we think they'd fare even better if they had gone to Germany in place of the abysmal U.S. squad during the World Cupa

WOMEN'S CROSS-COUNTRY: WHITNEY LIVINGSTON

It is rare for a freshman to have to carry a team throughout the season, but freshman runner Whitney Livingston had to do just that when two of the cross-country team's top three runners went out with injuries.

"At first there was lots of pressure," said Livingston, "but as the runners evened up we started doing better as a team."

Livingston finished in the top 12 of every invitational with a top time of 19:25. "The entire team picked up the slack, led by Whitney Livingston," said coach Stewart Gilbert.



Livingston

The team won their first invitational at Chanel Aug. 26. This team also coped with injuries to its top runners, including freshman Katie Rownd, who came back from injury for a fourth-place finish at the district meet. The team finished second in the LEL, beating Mentor for the first time.

WOMEN'S GOLF: CAITLIN KEMPTON

After going 0-14 last season, the women's golf team needed fresh face to lead the team. Freshman Caitlin Kempton was just what they were looking for. She was the number one golfer and led the team in scoring, averaging 48.25 strokes per nine holes.

"I did better than I did this summer and had growing confidence over the season with the support of my teammates," Kempton said.

Overall, the golf team finished 5-6, notching their first win against Laurel. "Everybody was cheering about how they just passed their record from last year," Kempton said.



Kempton

OVERALL THE FOR IST LEL

The women's golf team certainly improved over last year, going 5-6 and even winning their first match of the year against Laurel (after an 0-14 record last year). Last year, the women's golf team only had three strong starters. However, this year, with the addition of freshman Caitlin Kempton to the core of Remi Bruell and captains, Kelly Eisele and Eileen Lalley, the team was much more competitive.

FIELD HOCKEY: MAGGIE O'CONNOR

After the field hockey team appeared in the Plain Dealer as a Team had high expectations for her team.

"I wanted us to work well together this season and possibly make it to states," she said .-

O'Connor The field hockey team stands at 7-7-4 after reaching the regional finals in the playoffs. O'Connor has recorded six goals and eight asssists.

"I've had some off-games but as a team, we're finally coming together," said O'Connor.

Only a junior, O'Connor, has gotten looks from Brown University and Holy Cross University.

Field hockey started the year as a "tearn to watch," a title given to them by the Plain Dealer. The regular season might not have lived up to that billing, as they went 4-6-4.

As the playoffs rolled around, the field hockey team rolled through to the regional finals, one game shy of the state finals, beating Stow, Kent Roosevelt and Hudson before falling to H.B.

> I wanted us to work well together this season and possibly make it to states.

> > Maggie O'Connor . junior forward



SHAKER'S NEW CLUB SURETO INCLUDE MANY SCRUMS:

Shaker has joined the growing trend among high schools to start a men's rugby team. Science teacher Geoffrey Gainford, who played rugby for John Carroll University, is advising Shaker's club. The team is not co-ed, but there is the possibility that girls could play in the future. "If we have enough interest there will be a girls' team," Gainford said. "It (rugby) is a contact sport.... as it stands, I don't think it's very inviting for girls to get hit by guys."

11.03.06

Fall sports turn in their playbooks

BY MIKE YOUNG AND TEDDY CAHILL RAIDER ZONE EDITORS

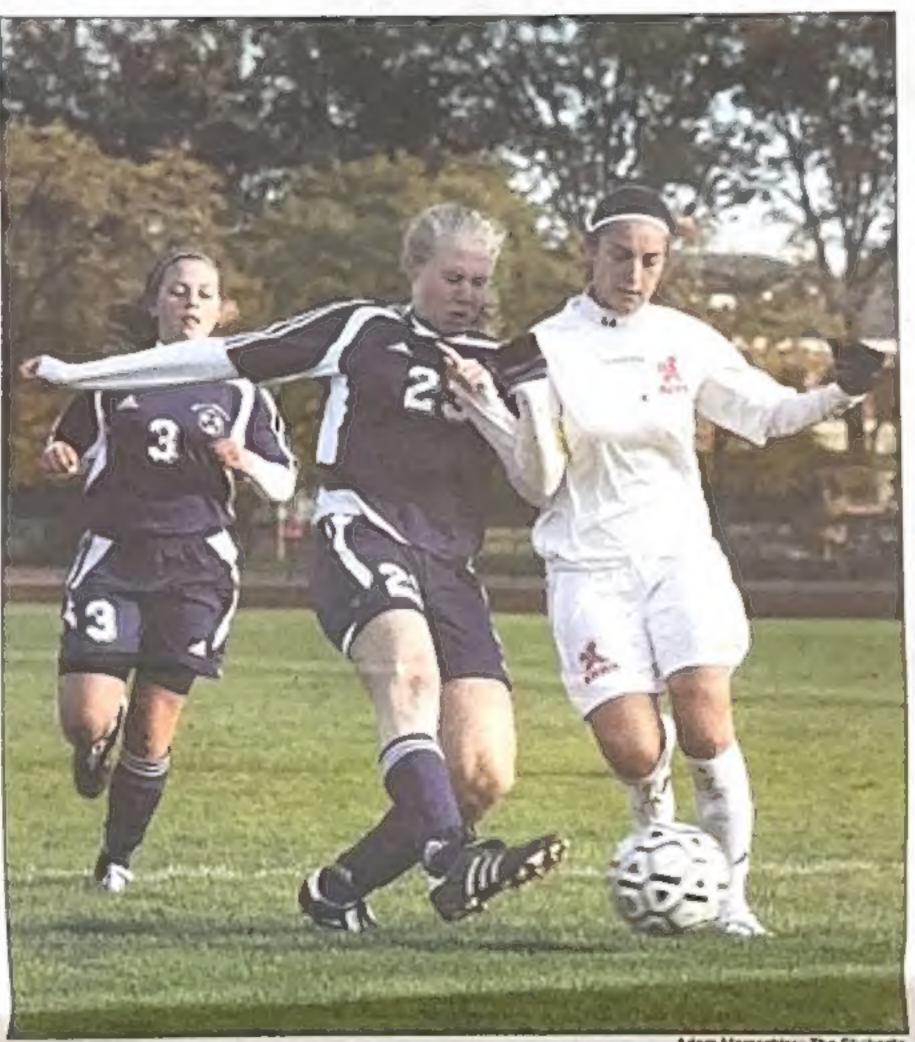
ver the course of the 2006-2007 school year, the Raider Zone will cover every sport toward the end of its season. Our goal is to cover each sport

We will profile an outstanding athlete from each sport and include in-depth statistics on each of them. In addition, we will provide the record for each team, both overall and in league play. LEL standing will be provided to go along with each record. To round it off, the Raider Zone editors will provide their expert opinions, "our take," on how we think Shaker's sports season has gone.

While for some sports, such as women's cross-country, the 2006 fall season was among their most successful ever, ** this was not the case for all teams. John Gregg became the first person to break the 17 minute mark in cross country. leading his team to a third-place finish at the Northeast District meet.

While both the football and women's tennis teams had sub-par seasons, there is hope for the future for both. Each features a lineup dominated by juniors and sophomores.

State quality was doubles partners Amanda Poister and Lauren Holloway are both sophomores. On the football team, eight of 11 offensive starters should return next year.



Adam Maraschity - The Shekertle

FORWARD JULIA VICTOR attempts to dribble past a Beaumont defender during a 4-0 loss. Victor leads the state with 31 goals and 75 points, and led Shaker to a second place finish in the LEL.

MEN'S CROSS-COUNTRY: JOHN GREGG

On Sept. 16, for the first time in Shaker cross-country history, a runner broke 17 minutes during competition. At the Galion Invitational, senior John Gregg ran his top time, a 16:26. When a season starts out with a personal best, there isn't much room for improvement; however, Gregg qualified for the State meet and that is more than enough for him.

450



Gregg

"I just hope to qualify because I've been at the regional tournament the past two years and haven't qualified," Gregg said, prior to qualifying.

The team has had to overcome injuries throughout the year, including a period of time when three of the top five runners were injured. "Without Terrance [Hill], there was no one to really push me on the team," said Gregg.

The team advanced to regionals with a thirdplace finish in the Northeast District, lead by senior John Gregg who placed third individually. The team had to deal with injuries to many key runners over the course of the season, including number-two runner, Terrence Hill. In a season that the team was expected to perform well, Gregg carried the team through tough stretches when many runners were dealing with injuries. With a senior ladened team, this season is most of the team's last chance to perform.

MEN'S GOLF: JULIAN BRUELL

On a team featuring a starting lineup of all upperclassmen, junior golfer Julian Bruell led the way. "We improved while playing over the summer," he said, "I thought we had a good chance to beat Mentor."

The team ended up losing to Mentor, the LEL's top team, by one stroke en route to a 10-4 record. Bruell led the team in scoring, averaging 37.5 strokes per nine holes and 78.18 strokes per 18 holes. Still, Bruell felt that he didn't live up to his own expectations.

"I felt I could have done better than some people I played against who ended up reaching states," he said.

Bruell expects individual improvement for next season. "I will try to balance my time between golf and hockey during the winter so I'm not rusty [at golf] when I start in the summer."









Bruell

VOLLEYBALL: KARMEN BONNER

Despite the promotion for the last home volleyball game, not many more fans attended the game than usual. "It's hard not playing in front of a crowd," said senior outside hitter Karmen Bonner, "Sometimes you need the momentum boost that the crowd gives you."

The volleyball team lost 3-0 in the sectional final game to the number-one seeded Solon Comets."Solon was the hardest team we played all year," said Bonner. The LEL had its own share of hard teams this season with Lakewood and Mentor providing stiff competition for Shaker.



Bonner

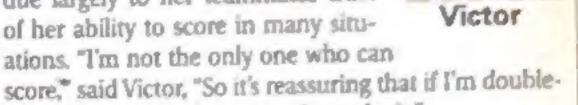






WOMEN'S SOCCER: JULIA VICTOR

En route to Shaker's best season, senior forward Julia Victor carried the team to an 11-3 record and a second place finish in the LEL. Victor led the state with 31 goals scored and reached 100 career goals this season. Victor's success was due largely to her teammates trust of her ability to score in many situations. 'I'm not the only one who can



teamed someone else can make up for it." Victor also has 13 assists tying her for fifth in Ohio. which gives her 75 points, leading the state by 10 points.



A strong year all around helped the team to an 11-3 record and was seeded third in the Chardon District for the playoffs. Senior forward Julia Victor led the state in goals, with 35 total points and was tied for fourth in assists.

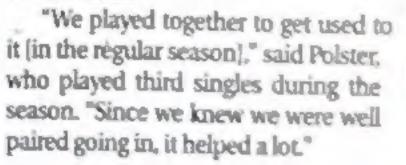
The team, lead by a core group of seniors, was able to live up to expectations, including the first win over Hathaway Brown, a 3-2 overtime victory. Shaker advanced to the district finals and lost to Mentor for the second time this season, losing in the first meeting 3-0.

The team benefited from a strong freshmen class, which had five members on the team.

WOMEN'S TENNIS: AMANDA POLSTER AND LAUREN HOLLOWAY

After a change in the head coach, the women's tennis team did not win the LFL championship for the first time ever.

Despite the hardships for the team as a whole, the doubles team of sophomores Amanda Polster and Lauren Holloway still was able to qualify for the state finals. It was Holloway's second straight trip to Columbus for doubles, both ending in a first-round loss. During the season both played singles, changing over to doubles for the sectional tournament.





Polster

Holloway







The women's tennis team lost their stranglehold on the LEL this season, after winning 18 previous LEL titles. The team struggled with a young squad after losing Al Slawson as head coach and Mentor went on to win at the LEL tournament. Despite this, the team sent a representative to the state tournament for the third year in a row, as doubles team Amanda Polster and Lauren Holloway qualified for the state finals, but lost in the first round.